

# ABSTRACT OF THE DISCLOSURE

A method of playing a new game with a ball is disclosed that comprises providing a generally rectangular-shaped playing field with a pair of opposing goal posts, each  
5 associated with one of the ends of the rectangular-shaped playing field such that the goal posts define scoring areas perpendicular to and in contact with the playing field. The method further provides first and second teams of players, each team alternatively having possession of the ball and  
10 having as an objective to score points by throwing or kicking the ball through the scoring area or dribbling the ball past the end goal line. The teams accomplish the objective by moving the ball towards the goal by dribbling the ball down the field or by passing the ball to one  
15 another.